COCKBURN CITY

HERALD



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Foxes blamed for turtle deaths

by STEVE GRANT

THE discovery of 96 snake-necked turtles which were mauled to death by foxes at Bibra Lake could be the tip of the iceberg, say volunteer Turtle Trackers.

The trackers had the grim task of hauling out the carcasses, most with legs and heads chewed off, during the last week but told the Herald they could only get to about 20 per cent of the lake.

A cause of death couldn't be established for another 21 dead turtles they came across on the dry lake bed.

Bibra Lake Turtle Trackers lead co-ordinator Joyce Gadalon said it was a devastating find.

"I am literally in tears just talking about it right now," Ms Gadalon said. "I found about 42 turtles

"I found about 42 turtle to begin with and then I made the call to my other turtle tracker colleagues... the rest of my team came and we found the rest of the 117 carapaces on the dry lake bed.

"The reason why we were out there is because the community saw foxes out in the lake a week before that, and it's devastating to hear that foxes were carrying around these turtles and eating them right in public"

them right in public."
Fellow tracker Felicity
Bairstow said birds were
likely to have taken mauled

• Continued page 5

'Devastated'



• Turtle trackers and Murdoch scientists with the dead turtle carcases, which they warn could hasten a local extinction.

Angry trackers 'ignored'

by STEVE GRANT

ANGRY turtle trackers have blamed a fox-led massacre of at least 96 turtles on a "failure at all levels" and say their citizen science efforts aren't being taken seriously enough.

Following a carefully orchestrated media conference at the City of Cockburn's wetlands centre next to Bibra Lake, six trackers met with the Herald to dispute an oft-repeated claim that one of the culprits was climate change.

Turtle tracker and biologist Felicity Bairstow said it was a convenient excuse. "I'm sorry, but those turtles would survive if it weren't for the foxes," Dr Bairstow said.

"They might not be as productive when it comes to breeding, but they will survive."

Dr Bairstow and her fellow trackers say they've been pushing for years to get a co-ordinated approach to feral animal control across the metropolitan region, and say the state's biodiversity, conservation and attractions department needs to step

up.

"Local councils are all saying they're too poor," Dr Bairstow said.

"You know, we're giving local councils \$5000 to do weed control, for goodness sakes.

"It really has to be in the remit of the state government.

"The problem is we're dealing with the low-down-the-rank people, and we feel for those people because often they're getting the same as we are; they're

trying to work this up Walk in

OUR distribution guru is after some walkers to deliver the Herald and earn some pocket money. She needs people in East Freo, Freo, Applecross, Bicton and Willagee, so if you're keen send details to distribution. manager@

fremantleherald.com

Correction

the system and getting

Dr Bairstow said the

emailing Willagee Labor MP Peter Tinley to help them

get the ear of environment

In January this year

• Continued page 5

minister Reece Whitby.

trackers had supporters

pushback as well.

FREMANTLE council did alert the owners of the former Cattalini pharmacy on High Street about listing their fig tree on the city's significant tree register.

Last week we reported they hadn't, but it was only the occupants of the property the council couldn't say for certain it had informed - still a breach of its planning rules.



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Discover inner peace and fitness at Pilates Principles



PAGE 5
Have you discovered
Perth's best kept
secret yet?



PAGE 8
Perth's original fashion event is back!



PAGE 13
Is This WA's
Best Steak Sandwich?





WAPC approves bridge

THE Cook government has cleared the last hurdle in the Fremantle Traffic Bridge saga, approving the project at a planning commission meeting this week.

Greens MLC and former Freo mayor Brad Pettitt addressed the panel about his concerns the temporary bridge closure will create traffic chaos in Fremantle and East Fremantle, but said the decision came after a "very short" debate.

Dr Pettitt had alerted the *Herald* to a mistake on the commission's agenda earlier in the week, which suggested the cost of the bridge had nearly

doubled. The agenda mistakenly referred to the cost of the new bridge at \$480 million in two separate instances, which sparked questions from Dr Pettitt as to why the project's cost had ballooned.

The commission later told the *Herald* it was just a typo, and the cost remains at \$280 million.

by KATHERINE KRAAYVANGER

A PATCH of bushland near the Melville Civic Centre is set to be bulldozed because it's too close to the City's proposed new library and an apartment development.

The vegetation "triggers" the site into a classification as bushfire prone, due to its proximity to the northern border of the proposed residential development by the Scentre Group.

A report to Melville council's last meeting said the vegetation has caused the Bushfire Attack Level of the surrounding Library and Cultural Centre and future development of the site to increase.

The 2970sqm site, located on the corner of Davy Street and the Civic Square carpark, is close to an area pinned to be redeveloped into a "high street" and town square.

The City says it will retain six large trees for presumed cockatoo habitat, as well as "conservation value trees".

Wildflowers

Council staffers said they had conducted a "reconnaissance flora and vegetation survey" of the site and there were no threatened species or ecological communities in the bushland.

But they also noted the survey wasn't in wildflower season, so not everything that grows there might have been observed. Most of the site is in good-to-medium condition.

At a council meeting last month, Bull Creek and Leeming ward councillor Matt Woodall asked for another survey during this year's Spring.

There was no community engagement on the proposed clearing, which council officers say is because "the community have minimal impact over the decision", although council officers suggested bushland management "will also provide greater public access and use of the area".

According to Melville mayor Katy Mair, the council will consider greater public



 A survey found most of the bushland is in good condition. Photo by Katherine Kraayvanger

consultation once the spring survey is completed.

"As part of this process, a site plan would be prepared together with a prescriptive vegetation management plan, which would include the banksias and other key plant species in the area," Ms Mair said.

"The intention behind managing the vegetation is to retain the trees of conservation value while facilitating the vision for the Melville City Centre Structure Plan and enabling the creation of the high street."

The recommendation to approve the clearing complete with Cr Woodall's amendment was passed 11-1 by councillors, with the only opposition in Palmyra-Melville-Willagee ward councillor Karen Wheatland.

Cr Wheatland says she says she is "fully supportive" of the area's development but wants a more detailed investigation of the land parcel's value before it is almost fully bulldozed for development.

"I'm an advocate to save trees and to not unnecessarily clear vegetation unless we have to," Cr Wheatland said.

"There are some introduced species that could be cleared quite easily, but the way I understood it is that the majority of trees will be cleared.

"I want a thorough investigation and assessment of that particular parcel of land to happen."

There have been no fauna assessments conducted on the site, which the council say is "unlikely to play a functional ecosystem role" as they have not recorded the presence of animal species such as quenda.

The flora survey will take place in spring this year.



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Society wants redevelopment authority

THE Fremantle Society says the port city needs its own redevelopment authority.

With Westport plans to move container trade from Fremantle to Kwinana paving the way for a wholesale change to the city, the

society says a sensitive authority that dips into local expertise could help avoid mistakes president John Dowson says have damaged the city's heritage fabric.

Society president John Dowson told the Herald he'd met with a wide range of people to prepare a

new manifesto for the society.

"A major 'revitalisation' program from 2009 to 2021 under [former] mayor Brad Pettitt saw the unsustainable sell-off of council-owned, income-producing assets and a preponderance of insensitive, low-quality, large-box

new developments," Mr Dowson

"With Future of Fremantle committees and plans for another 'revitalisation' to make Fremantle a 'modern city', there is need for local expertise to articulate

Mr Dowson says he's been meeting with a wide range of people to form a new manifesto for the society, and this week sat down with former Fremantle MP David Parker and former councillors Ian Ker (Vincent) and Marija Vujcic (Fremantle) to map it out.

Fremantle Society manifesto

■ REMANTLE is loved the world over as a rare example of a 19th century port town, with the 1897 port still operational next to the heritage listed West End.

The special heritage qualities of Victoria Quay at the port, the West End, and the historic town need sensitive maintenance and development which respects for example the human scale and various histories of those areas.

The location of taller new development should go elsewhere

Heritage: Where is the love?

Fremantle has 2,600 listed heritage places. Why have Fremantle council and the state government walked away from Fremantle's fabulous heritage – a key attractor and soul-stirring

Maintenance: Get back to basics

Clean the footpaths, wash the buildings, do regular maintenance. The state government's failure to

maintain its Spare Parts Puppet Theatre in Pioneer Park led to emergency repairs costing \$440,000, abandonment of the building, no repairs, and the loss of the theatre to Claremont. Their Henderson Street police complex could have been fixed for \$20 million, instead of selling it and spending \$100 million damaging the buffer zone of the World Heritage Prison with a proposed overlarge new development.

Implement Existing Plans

Fremantle council spent \$150,000 preparing plans for an archaeological centre at Pioneer Park - still not built. Pioneer Park needs refurbishment as part of the Phillimore Street Masterplan, designed to link the port and the city - still not implemented. Other conservation and interpretation plans for Arthur Head, Fremantle Park, Esplanade Park etc lie on council shelves gathering dust. Some, like the Fremantle Oval Conservation Plan, are not even finished before council has decided to focus on the wrong priorities for the heritage site, like housing. The World Heritage Prison next door

needs both federal and state help and is \$18m short on what they need to get essential conservation works done according to their masterplan.

A Different Planning System

The WA government should look into creating a Fremantle Development Authority: The current Development Assessment Panels for major developments over \$2m are not working - they take longer than council processes, decisions are not made by experts who know Fremantle, and neither the community nor the council have faith in them to deliver quality outcomes. A new system modelled on the former East Perth Development Authority involving local expert knowledge, council input, and expert planners would improve development outcomes.

Aim High

We have a Bicentennial Coming and leadership is needed from council and government regarding the chance for a memorable Bicentenary celebration of indigenous and settler history



• The Society says a decade of inappropriate development has set Fremantle on the wrong path and has damaged its heritage fabric.

in 2029. One idea: Celebrate waterways including ocean and river (and the history of its river crossings in Fremantle). Hold an Ocean and River Festival. Bring back black swans to the Swan River, develop an underwater maritime heritage trail at Bather's Beach for divers. Another idea: The Fremantle Society suggests keeping Victoria Hall instead of selling it, promoting it as a performing arts space along with the fabulous but neglected interior of the Fremantle Town Hall, for a Bicentennial project. If Perth Concert Hall can get \$169 million for repairs and His Majesty's Theatre \$50 million for a replacement verandah, where

is Fremantle council advocacy for

Victoria Quay

Development of the gritty industrial maritime heritage of Victoria Quay must follow Fremantle council's policy DGF26 and the Victoria Quay Conservation Plan in respecting the height of the existing sheds and not introducing high rise buildings. With the sad imminent demise of the wooden traffic bridge, Fremantle Ports have responded to the Fremantle Society idea to recycle some timber from the heritage bridge into the port as a "great suggestion".

Health & Wellness



A HERALD PROMOTIONAL FEATURE

Page 4 - The Herald, Saturday May 4, 2024

Discover Inner Peace and Fitness at Pilates Principles

Nestled in the vibrant heart of Kearns Crescent in Ardross, Pilates Principles invites you to experience a haven of tranquillity and fitness excellence.

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Trackers 'ignored' 'Devastated'

• *From page 1* the volunteer trackers submitted a 73-page report to Cockburn council and the Saving Our Snake-Necked Turtle project outlining their work and observations during the nesting season and recommendations on how to better protect the species.

But tracker co-ordinator Joyce Gadalon says there's been crickets, and the City didn't seem to understand the devastating effect the turtle deaths were having on the

group.
"The message in terms of the turtle tracking guys, is that we're putting in thousands and thousands of volunteer hours protecting the females while they're nesting, protecting the nest and also protecting the hatchlings that come out," Ms Gadalon said. "That is all going to be

undone by this.
"That's why I'm crying when I found all of those carapaces out there, and it doesn't seem like anybody understands that impact.

"The feedback that we got from the City of Cockburn was 'the staff there are devastated as well'. It's like, really?"

Fellow tracker Paul Markendale's response vividly demonstrates why that upset them: "Did you go out and see these, in your face?' he asks. "Did vou smell like

the rotting flesh?"
Mr Markendale said they'd been trying to push a co-ordinated response to the fox problem as a "grassroots collective" but were speaking



• Turtle Trackers Joyce Gadalon, Claire Lyons, Paul Markendale, Danny Orr, Elke Grosselindemann and Felicity Bairstow.

out because it wasn't achieving results.

"We've been forced to do this because people aren't taking it seriously.

"The problem is the focus on Bibra Lake seems to be all about recreation, and there's not the focus on ecosystems, biodiversity.

You see here [at the wetlands centre] there's turtle murals, turtle sculptures, but what are they actually investing in our actual turtles?

Claire Lyons says the City had to be commended for its investment in the wetlands centre, but it didn't make sense to be promoting its turtles so heavily if they were to become extinct.

The group wants the City to come up with a broad conservation plan for the turtles, and Dr Bairstow says they might have to consider fencing Bibra Lake.

"We've got two feral-

proof reserves already at Harry Waring Reserve and Thompson's Lake, but it might be that we need to think outside the box here."

Ms Gadalon says the group has offered to support research, but didn't get any response.

"I've always asked myself, 'how do we know what we're doing is actually working," she said.

"That was the whole purpose of why we got together and submitted this report, thinking that SOSNT or the City of Cockburn were actually going to take us seriously and go 'wow, these guys are doing the heavy lifting in terms of turtle conservation in Bibra Lake.

"Thats it; Turtle Trackers for the eight weeks of tracking is the conservation plan at the moment."

The Herald reached out to the City of Cockburn for a response, but close to deadline.

• From page 1 bodies from the lake bed to peck out the remaining flesh in inaccessible bushland,

meaning the real toll was likely much higher.

Murdoch University research fellow at the Harry Butler Institute, Anthony Santoro runs the Saving Our Snake-Necked Turtle project and said the carnage could be a step towards a localised extinction.

"This is a devastating finding and the loss of approximately 100 turtles just from this one event, combined with the rest that occurred from predation and stuff like that, is going to have a massive impact on their future viability," Dr Santoro said.

"This specific finding highlights the very real impact that climate change and predation can have on a species and it also shows how the when they're combined, in instances like this, that the impact can just multiply exponentially."

Climate change

Dr Santoro said with lakes dry across Perth, it was likely fox predation was happening elsewhere and climate change would see similar events into the future.

"That further reinforces the need for a massive collaborative effort across the state, at least Perth and the South West, in feral animal control," he said.

'At the moment, everyone's doing it kind of by themselves, and it doesn't do anything because foxes travel between places.

Dr Santoro said if further predation occurred, artificial incubation and "headstarting programs" might be needed to ensure the turtles didn't become locally extinct in the near future.

That problem, and turtles in general, need to be better resourced," he said.

"There currently just in not enough funding for us to do the research we need to save the species."

A source from Murdoch told the Herald that Dr Santoro and the SOSNT project are caught in a catch-22; he believes the turtles likely qualify as a threatened species, but can't prove it because he's unlikely to get funding for a species that's not already listed as threatened.

Dr Santoro said the turtles were the wetland's top predator and their demise would see the lower-order species get 'out of control"

"The hatchlings themselves eat a lot of bugs, so the midges and mosquitoes that no one seems to like.'

City of Cockburn environmental education officer Vicky Hartill said the turtle deaths pointed to a "climate issue" rather than just foxes.

The City of Cockburn is dedicated to turtle conservation, and we're in it for the

long haul. 'In terms of foxes, it's complicated. "We do fox control management, and we work with our surrounding land

managers with their fox control program. "From the City's perspective, for this autumn season, we've extended the fox control program.

"So the trapping has continued for much longer than it normally would, but

we're not in a normal year. "This is a drying climate and this is a new benchmark for us to look at ways

where we can improve not only feral animal control, but turtle conservation across the board.

Ms Hartill said the City had been looking at other water sources to add to the lake, but it was a complex issue.

"Water is a scarce resource," she said. "We take it from one place to put it somewhere else, we're removing that water from another ecosystem or another

Ms Hartill said locals could help out by reporting feral animal sightings in the wetlands to the City.



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Waste in spotlight as RRG collapses

by KATHERINE KRAAYVANGER

SOUTH west metro councils are under scrutiny as to how they will manage their waste following the breakdown of a joint waste management organisation.

The Resource Recovery Group, which consisted of the Melville, Fremantle, and East Fremantle councils, fell apart at the end of last year when Melville and East Fremantle announced plans to withdraw in 2024.

The group operates a recycling centre in Canning Vale and incorporates food organics garden organics (FOGO) and green waste processing as part of its services.

Previously known as the South

Previously known as the South Metropolitan Regional Council, it was formed in 1991 by Melville, East Fremantle, Fremantle, Rockingham, Kwinana, Canning, and Cockburn.

Rockingham, Kwinana, Canning, and Cockburn councils all withdrew over the years.

Melville mayor Katy Mair says the RRG was "financially

unsustainable" for the city to maintain after the other councils pulled out, as they "represented about 60 per cent" of waste processed at the Canning Vale site.

Collective

However, both Fremantle and Melville councils are "actively collaborating" on a new, more financially tenable "collective model" Ms Mair said.

"The City of Melville, City of Fremantle and RRG are committed to maintaining business-as-

usual operations in line with our collective vision to maximise resource recovery and minimise climate impact, maintain industry-leading recovery rates," Ms Mair said.

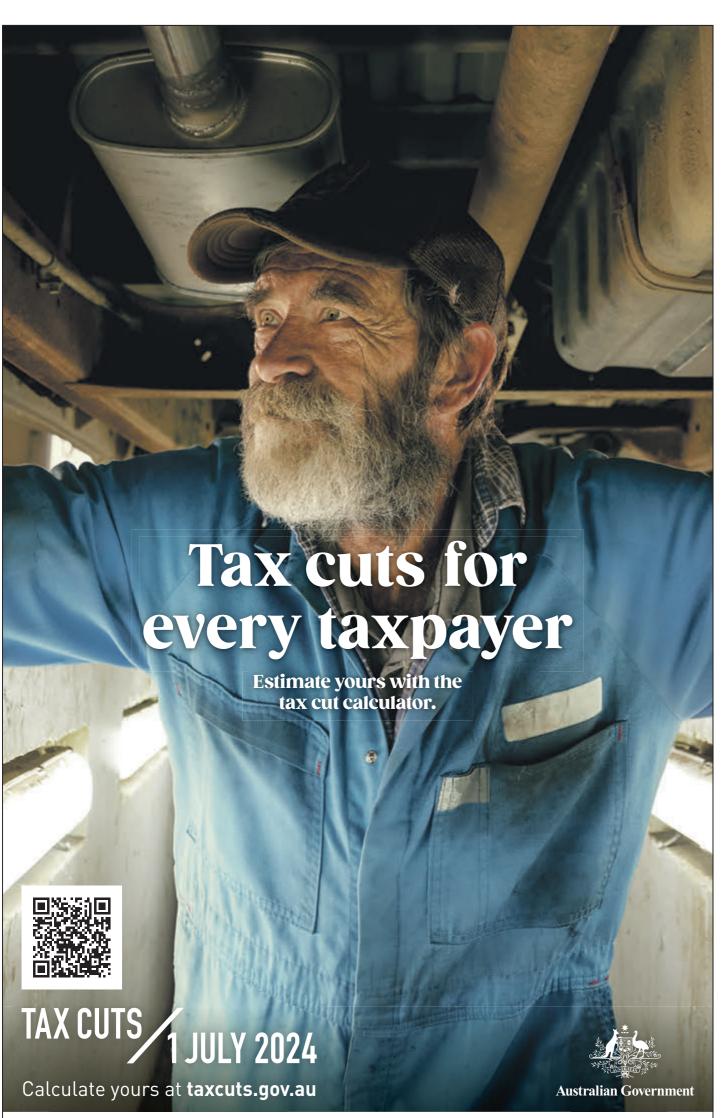
"We are...aiming to continue the operation of the waste management activities at the Canning Vale site and transitioning to a new and more cost-effective waste processing arrangement."

In December last year, the Fremantle council initiated what appeared to be the dissolution or 'wind-down' of all three councils' involvement with the group. The City of Melville will officially withdraw in July 2025, and the timeframe for the new

Collective Model is still being worked out.

It is not believed regular disposal services for residents in the Fremantle, East Fremantle, or Melville areas will be affected.

In February, RRC CEO Tim Youé stepped down, with executive manager Brendan Doherty stepping up to take the role of acting CEO.



Authorised by the Australian Government, Canberra



·Australia's junior cheerleading team last week.

Cheering

by KATHERINE KRAAYVANGER

WA's most talented junior cheerleaders are officially second-best in the world.

Team Australia won silver at the International Cheer Union World Cheerleading Championships in America last week.

The Aussies came second only to Mexico in the junior fourth division after sneaking into the semi-finals in Orlando, Florida.

The junior team are aged between 14-17 and are mostly from WA, with only two athletes from the eastern states.

They've been training together since the end of last year at the TNT Cheerleading Gym in

Coach Stephanie Bateman says the result was "overwhelming" but unsurprising given the team's meticulous effort in the final round of competition.

"We were sitting in fourth place, so we went through all of our comparisons with the top three teams and made some changes going into finals," Ms Bateman said.

"We had two consistent runs – all the stunts were in the air and there weren't any imperfections. "And then they came in second, which was

awesome."

Australia narrowly missed out on advancing to the higher fifth division, with gold medallists

to the higher fifth division, with gold medallists Mexico qualifying to compete against cheerleading powerhouses such as the United States. "The Americans are all one level up, so it

just gives us like up-and-coming countries an opportunity to progress a little bit faster and catch up with the rest of the world," Ms Bateman said.

"It was bittersweet coming second, because we were very close to first and that would have been amazing.

"But being in second means we don't have to move up to the harder division yet, which gives us an advantage as a country to continue to develop at the level they are currently competing."

It's an exciting time for international cheerleading – there's a concerted effort to include the sport in the 2028 Olympics in Los Angeles.

In 2021, the IOC officially recognised cheerleading as a sport, an important step in gaining Olympic status.

It's an arena Team Australia are hopeful to appear in soon, and Ms Bateman says the future is bright for the young athletes.

"They're starting to really pave the way for Australia, which is exciting," she said.

"They're in their prime and they're only going to get stronger from here, which is awesome.

"When they go into that higher level it'll be pretty challenging, but I think that they're on

Scaife calls on CCL to 'clean it up'

by JULIUS KIDD

AFTER years of community campaigns and complaints over its air pollution, Cockburn Cement is now facing Cockburn MLA David Scaife, who has started a petition against the company.

CCL has been the subject of community criticism for producing dust and unreasonable odour for well over a decade and was fined \$290,000 in the Magistrates Court last year for unreasonable odour emissions from its Munster facility.

Following the charges, residents continued to complain that the issue had not improved.

Mr Scaife says it's time for CCL to "clean up its act".

"As the Member for Cockburn and a resident of Beeliar, I'm outraged that Cockburn Cement is still polluting our community in 2024," Mr Scaife said.

His online petition demands that CCL moves its lime manufacturing operations to its Kwinana facility and closes its Munster facility.

Additionally, the petition states if the Munster facility is to remain open, CCL must install thermal oxidisers to eliminate unreasonable odours being produced, and stop stockpiling and burning coal.

"I urge all residents affected by Cockburn Cement to sign the petition and to continue reporting dust and odour issues to Pollution Watch," Mr Scaife said.

The petition now has over 1900 signatures and is continuing to gain community support.

Grateful

Cockburn local and longtime advocate against CCL's dust and odour production Greg Hocking said he was "grateful" for Mr Scaife taking an interest in the

After being at the forefront of community campaigns against CCL for almost a decade, Mr Hocking has noted several attempts by the company to manage air pollution but claims there has been "no real change" for neighbours.

Mr Hocking said he was hopeful that with a member of the state government getting involved, CCL may address its air pollution and is optimistic the issue may finally be resolved.

CĆL was contacted for a comment but is yet to get back to



 Members of the Ahmadiyya Muslim Community participating in Cockburn's Anzac Day ceremony was an historic moment: the first time Islamic prayers have been said alongside Christian ones.

prayer for unity

by MASON CROCKER

COCKBURN'S Anzac ceremony broke new ground this year, with a Muslim cleric leading prayers alongside a Christian chaplain for the first

Members of the Ahmadiyya Muslim Community, whose Nasir mosque is in Bibra Lake joined fellow Australians to honour war heroes' sacrifices.

Ahmadiyya president Adam Khan said they were grateful for the opportunity to participate. Today, we stand united,

honouring and appreciating those who have sacrificed for our country," Mr Khan said.

"It's an honour to work with Australians of all backgrounds in the Anzac Day dawn ceremony."

Community members, including children, joined the dawn ceremony and Cockburn War Memorial parade carrying signs honouring Australia's heroes

The International Ahmadiyya Muslim Community, founded in 1989, spans over 200 countries with millions of followers.

Despite facing persecution in some areas, the community remains committed to advocating for universal human rights and

protecting religious minorities.

Joining in the Anzac ceremony isn't the only area the Ahmadiyya community is making its mark, reportedly holding the biggest Clean Up Australia Day event around the country earlier this

Imam of Nasir mosque Syed Wadood Janud was thrilled with the event.

"We're committed to making our community better. We hope this clean-up will inspire others to join in and keep our city beautiful as we build our nation together,"



Voted by our residents as Perth's top local government area as a 'place to live' and as a 'governing organisation'. - 2023 MARKYT COMMUNITY SCORECARD, JOINT WINNER.

New playground opens soon

Otis and Mack had a sneak preview of the new playground at East Fremantle Community Park.



East Fremantle Community Park Open!

Whether it's coffee, the skate zone, playground or health club that interests you, our new park is now open. It is funded jointly by the State Government, LotteryWest and the Town of East Fremantle in partnership with the East Fremantle Football Club, the East Fremantle Bowling Club and the East Fremantle Croquet Club.

Open	Facility
30 April	Carnabys Café (7am to 3pm)
30 April	Playground
9 May	Skate Zone
9 May	B Active Health Club
9 May	Half-court Basketball
May/June	Bar and Restaurant
	Playgroup
	East Fremantle Bowls Club
	East Fremantle Croquet Club
	Fenced dog park
	Football Oval

Happy Mothers Day...

To all our mothers, including Maria Lo Presti, who has worked in the family's Lo Presti gourmet food store in Canning Highway East Fremantle for 36 years. Pictured with her grandchildren Rubi, Noah, Theo and Saba, the family has been in this location for 60 years



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PERTH'S ORIGINAL **FASHION EVENT!**

The Bindaring Clothing Sale, is a free, 100% volunteer-run, annual fundraiser for the Red Cross. All proceeds fund WA Red Cross programs. We have raised over \$2.8 million and we find new homes for over 98.5% of donated items. The sale caters for all from high end designer labels to Op Shop everyday wear. Our Op Shop prices have not changed since 2017 - at the end of the day we want nothing left; our aim is to sell and re-home clothes, reduce waste and landfill and help fund the Red Cross in WA.

Perth's original one-day fashion event was established in 1963 by a small group of friends, all members of the Australian Red Cross in WA. Their early fund-raising efforts were focused on providing respite care services for the parents and children with disabilities at Lady Lawley Cottage, Cottesloe.

The early members of Bindaring soon recognised fundraising for the Australian Red Cross would provide a broader level of support to those most in need within the WA community. The first annual Bindaring Clothing Sale was held on 11th July 1964, raising £51 pounds -\$97 in today's currency!

Those original members could not have known the journey commenced in 1963 would blossom into the hugely successful fund-raising event it is today selling designer, vintage, preloved and new fashion for women, men and children. Once Bindaring became established, clothing donations and sales increased beyond expectations and Bindaring now is an annual fashion event sought out by thousands of

bargain hunters throughout WA. A wonderful achievement for our founders and all West Australians.

Bindaring is equally proud to be leaders in the local community with an environmental commitment to reuse, recycle, and upcycle clothing and accessories. Every year we work hard to ensure very little, if any, of the 8-10 tonnes of donations we receive end up in landfill. A positive result for our environment whilst giving a new lease of life to great clothing.



Bindaring is equally proud to be leaders in the local community with an environmental commitment to reuse, recycle, and upcycle clothing and accessories.



Quality clothing and accessories for Women, Men and Children:

- Pre-loved and new
- Designer labels
- Vintage

Sat 18th May, 9am - 3pm Claremont showground, Robinson Pavillion.

Free entry

Australian

Red Cross





All proceeds support the work of Australian Red Cross in WA





OUI .. JE REGRETTE UN PETIT PEU

1 ran out of

Just law

CYNICISM about international humanitarian law has been on the rise these past six months.

And rightfully so, when members of the UN Security Council favour one group of nations over another, or when the International Court of Justice rulings are ignored — what moral and legal principles are we left with?

It is jarring to a new generation, and here I include myself, to see the blatant disregard for humanitarian law while we all see atrocities being committed and streamed live on our phones.

This has led to an old morality to re-emerge, though.

It is promising, to be sure. It insists on the universal humanity of all — no matter their race, creed, or religion.

It is a morality that insists on the equal rights of people.

Here, the students have led the way.

Encampments

An efflorescence of student activism has animated campuses across the world.

Beginning at Columbia University and spreading like wildfire across the globe, student-led encampments are protesting the ongoing conflict in Gaza.

There are now encampments at Sydney University and Melbourne University; in Canberra, at the Australian National University; and as of May 1, in Perth, at Curtin University.

The moral clarity and courage of these students is inspiring.

Indeed, I'm proud that my union passed a motion on Wednesday stating: "The National Tertiary Education Union at the University of Notre Dame Australia supports the Curtin University student's Palestinian solidarity encampment at the worker representatives' level."

The students led the way, and their educators' union followed.

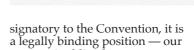
Similar motions are, perhaps, forthcoming at other universities. Fear of speaking out against human rights violations is quickly becoming a thing of the past.

UN Convention

On Wednesday at Curtin University, the chants called out at the encampment included: "Disclose, Divest, We will not stop, We will not rest."

These chants call upon the threads of the UN Genocide Convention to be upheld specifically Article ÎV.

Indeed, since Australia is a



country is obliged to act. These global scenes of student defiance recall an observation by Alexis de Tocqueville made in

Here, I paraphrase, where the 'violence of old men' is enacted, it will be met with the 'idealism of youth'.

And it is this very idealism that gives me hope. These are the students who will inherit our governing institutions.

They will bring the lesson of this conflict and hold society to a higher moral standard.

These students' expression of solidarity and demand that humanitarian law be observed provide hope to the international legal system and, dare I say, peace.

Daniel A Elias NTEU delegate and secretary Fremantle

Damn trucks!

I WRITE to endorse and confirm my many neighbours' complaints about container trucks and heavy traffic using Hampton Road ("Trucks creeping back, Herald, April 20, 2024).

This is atrocious, not least since it is banned.

But it is by no means the only problem for people living on the heavily residential stretch of Hampton Road, especially between South Street and Ord

Traffic of all kinds is getting increasingly more dense by the year (proven by statistics), nonstop and traffic-jammed by day so that it is virtually impossible even to cross the road in daytime, or for residents to enter the traffic flow.

At night it offers an open invitation for blatantly speeding cars, with or without police

Mon to Fri 10 - 4

I am not at all surprised by the reported shocking accident to the school 'lollipop' crossing guardian (one of many accidents at that corner by Stevens Street), and I don't blame them for refusing to serve in such a dangerous environment.

1 regret not getting a do

Meanwhile the council has wrung its hands and offered cosmetic band-aids like a bike path – happy days that you can ride your bike but risk getting knocked down by a truck or speeding car!

It is quite tragic that such a handsome boulevard as entrance to Fremantle with many heritage buildings, should be so unliveable and dangerous for its residents.

I am convinced that despite evidence-based complaints the many hazards and environmental planning problems have never been seriously addressed by either Main Roads or the council, and urge that genuinely radical solutions should be explored.

The Fremantle bypass was stupidly foreclosed by a former state government and the reserved land sold off, eliminating the obvious and rational solution, which had been in legislation since the 1970s.

So far as I can see, one other policy might help: to make Hampton Road one-way to be used ONLY by southbound traffic OUT of Fremantle and closed to northbound traffic INTO Fremantle, from Rockingham Road down to Queen Victoria Street.

This is because, from close observation, it is completely obvious that the vast majority of impatient drivers use Hampton Road as a quick route down to the traffic bridge, not as legitimate access to Fremantle or for residential access, instead of using Stirling Bridge, the purpose-built through-traffic route.

Bob White Fremantle



Sat 9 - 1



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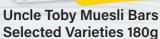


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scientists

by STELLA PEARSE

COULD this be the ultimate citizen science experiment? Luring non-geeks into discussions about tracking microbats or radio stars by sharing a pint of beer with them in a local pub.

That's the aim for the Pint of Science Festival, which is holding the Mind, Body and Soul chatfest at the Leopold Hotel in Bicton on May 15 from 7pm.

Pint of Science hopes to build appreciation and engagement with science to an alternative audience through the unconventional, familiar and approachable locations.

The festival originated in the UK as a volunteer-run event, and as a result of its overwhelming success has made it all the way to Perth, with two events also being held in Mt Hawthorn.

Pint Of Science media manager Zac Arkley said the festival aims to "make the conversation of science more engaging"

"The whole point of the Pint of Science is trying to bring science, that is difficult to access on a daily basis, to a general audience," Mr Arkley said.

The festival comes after a particularly difficult decade for the science community, with cut-backs to budgets, attacks on climate change researches and even the axing of the science portfolio by the former Abbott government.



· Grace Blackburn will test if the audience is smarter than a maggie.

Mr Arkley-Smith says that at a political level it's clear science isn't sufficiently prioritised.

"We're trending downwards. holding science as centre to policy decisions - particularly with the climate debate.'

University of WA scientist Grace Blackburn will talk about the challenges she sets magpies to evaluates their intelligence

Ms Blackburn says she'll also be testing the audience to see if they are smarter than a magpie

"It's interesting; magpies are very polarising, you either love them or you're terrified of them and you don't go near them, as you're terrified of getting swooped.'

Also on the bill that night is Murdoch Uni's award-winning biochemistry lecturer Garth Maker who'll be reveal what's really in dietary supplements, and UWA archaeologist and heritage specialist Sven Ŏuzman who'll be talking about WA's rich heritage and its poor protection.

Tix \$8 from pintofscience.com.au

Pint-sized Quay to being genuine

¬HE announcement by WA treasurer Rita Saffioti last weekend that the Cook government will spend \$ 40.5 million upgrading Victoria Quay made me wonder whether the Future of Fremantle Committee is relevant or just another example of tokenistic community consultation.

The treasurer announced \$5m will be spent creating a new Rottnest Island ferry terminal in B Shed, with better luggage handling facilities and improved visitor experience.

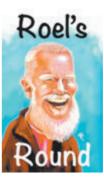
Another \$35.5m will be spent strengthening the wharf at the Passenger Terminal, to accommodate even larger cruise liners in the future.

Not a mention though if a new pedestrian bridge will be constructed from the terminal to Beach Street, to replace the current one that has been closed for over two years, or alternatively, a level crossing so passengers have easier connectivity to the Fremantle CBD, instead of having to walk a shadeless kilometre along the railway line at Peter Hughes Drive.

I wonder why the government made this hasty announcement, pre-empting a proper masterplan for Victoria Quay, and ignoring the three options for the entire ports precinct that the Future of Fremantle Committee published and showed in the Fremantle Town Hall and Walyalup Civic Centre?

Ignoring all that work and recommendations is not good and proper city planning, but ad hoc, piecemeal governance.

It is disappointing pork





barreling before next year's state election, so that the politicians can say: "Look how much Labor invests in Fremantle!

The Future of Fremantle Committee went to intensive community consultation, and held a week-long stakeholders' event in the Maritime Museum.

I attended two of those five days and it was very good.

Ideas

Lots of ideas were shared, and planning and traffic experts gave presentations, that showed there are a lot of great opportunities, but also restrictions and challenges for the area, once the working port moves to Kwinana.

Several of those who attended those sessions suggested that a new Passenger Terminal should be built closer to the railway station railway crossing, near C Shed. It would make the connectivity

to the inner city better, easier and more convenient for cruise ship passengers. But all that appears to have been been ignored by the Cook government.

When the port moves south, and once the restrictive buffer zones around the port have

been removed, Victoria Quay will most likely have residential development, a hotel or tourist apartment accommodation similar to the Be. Fremantle one in Fishing Boat Harbour.

It will have waterfront restaurants, bars, shops, maybe a convention centre, an immigration museum, etc.

It will be highly activated and become a tourist destination in its own right.

But to achieve all that, coherent planning needs to be in place.

Quick media grabs as part of an election campaign make a mockery

of proper planning processes.

That is not good for Fremantle's

Rita Saffioti said about the B Shed ferry terminal, that the Rottnest Island visitor experience starts in Fremantle, but for the mostly elderly cruise ship passengers the visitor experience only starts on the city side, when they have finally crossed the railway line, because the state government and PTA can't be bothered to create a new railway crossing for them near the Passenger Terminal.

That is pathetic!

Roel Loopers/Freoview

Have your say



FREMANTLE OVAL PRECINCT REDEVELOPMENT

Your feedback will help develop a Masterplan and attract funding for this historic precinct.

The City, along with its Project Partners the South Fremantle Football Club, Fremantle Football Club, and Western Australian Football Commission, is working to prepare a masterplan for the Fremantle Oval precinct.

For many years now, facilities for the public, players and patrons at the oval have been poor. With the popularity and participation of women's sport growing, particularly women's football, works are needed to improve facilities and ensure the future of the oval as a major sporting facility and destination in WA.

Redevelopment will provide opportunities for new uses within the precinct that benefit the community, city centre activity and the precinct's key neighbours: the Fremantle Prison, Fremantle Hospital and Fremantle Markets.

The City and its project partners are looking for the community's support in developing the Masterplan. The community's input will help inform the Masterplan's vision, its guiding principles. and assist the City in developing partnerships and attracting funding.

Visit the URL below or scan the QR code, and have your say by 14 June.



Receive Community Engagement news and updates directly in your inbox.

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PART 2 of Fremantle resident and blogger Esa Mitchell's musings on the Angel statue at the front of her Hampton Road home. She finally gets to meet her angel.

ER side of that story was that her brother had said he had recently driven past the angel.

Her partner would then ask her to take him to see it.

And this became the moment our paths crossed.

Her name is Laura Glitsos. The angel muse and in my opinion, the only possible muse for the angel.

only possible muse for the angel. As I said earlier, she is beautiful in a classic timeless way.

A pretty, open face. Eyes you could get lost in. A woman's figure, curves in all the right places, is how I've heard it described.

Apparently, this is why the artist chose her.

The original work was to be a reimagining of Botticelli's Birth of Venus, but this wasn't suitable for the block of stone.

Why an angel, Laura didn't know but right now.... here today.... we know it couldn't have been anything but.

We arranged an "interview" during which, she painted me a picture of that time.

She appeared wistful, even unsure of her feelings, as she reminisced – portraying a very different version of herself, now a distant and probably buried memory.

Even so, she transported me right there. The artist/ musician scene, navigating womanhood and her role as the front woman of a rock 'n' roll band.

She longed to be Of the World, yet also craved escape from it. Amidst the wild partying and confusion, she struggled to define her identity.

Laura found it ironic that the statue was of an angel, as she was

no angel.

I love this, an angel forged from the harsh realities of life.

She was 18 or 19, working at the bar of the Newport Hotel when the artist spotted her and asked her to be his muse.

Adam Fleet, through his construction company, was renovating the house and commissioned the statue.

And get this, Snowy Fleet, who is Adam's dad and drummer of The Easybeats', used to watch Laura's band Purrvert jam sessions in Fleet studio!

It sure sounded like a fun time... at times and it sure feels like much of that colourful history has embedded itself in the house and the angel.

Intimidated

She initially felt embarrassed by the statue and intimidated by the image she had projected into it.

However, when she finally saw the angel, she described a feeling of having endured, of having made it through it all.

Laura has a tattoo of a phoenix, which represents triumph.

A phoenix rises from the ashes... maybe even a little bit angry too (as mentioned earlier, the angel's wings are very phoenix-like).

She said to me: "If you're not a little bit angry in this world then you're probably not paying attention to it."

Laura talked about feeling strangely connected to something outside yourself.

She doesn't know if angels exist, but she likes to hope so.

She quoted Ram Dass: "We're all just walking each other home."



Photo by Salty Davenport.

Our Angel revealed

Maybe we are all angels, here to aid and steer one another through this chaotic existence.

What a lovely idea – finding positivity and meaningful connections in our existence.

Doctor Laura Glitsos is not your average academic – she's also a published writer and musician based in Perth.

Back in 1999, she formed the band Purrvert and they released two EPS whilst Glitsos was living in Paris and working in radio.

Oh, and in 2001 and 2002 she won two WAMis for most popular female original vocalist!

After getting her honours in communications and cultural studies at Curtin Uni, she went on to complete her doctoral research degree - based on a thesis examining the relationships between technologies, bodies, and music

Accolades

Amongst all this and other accolades, Dr Glitsos returned to the stage in 2015, with a Rage Against the Machine tribute band for the purpose of protesting the Abbott government's tertiary

education policies and platform on asylum seekers.

She now lectures at Edith Cowan and Curtin universities in arts and humanities.

To conclude this special Freo story and personify the statue using the voice of the artist's muse – I asked her, if she could give the angel words to speak to a young child gazing up at her, what would her message be?

"Never forget that you are an expression of the divine, however you define that. Speak to yourself with love and be gentle on yourself".

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Ln pointe



STEPHEN POLLOCK

TLIMATE change weighs heavily on artist Rachel •Riggs.

Aside from being a committed environmental campaigner, her anxiety over the future of the planet seeps into her art.

"I've realised when creating artworks over the past five years, how the proximity of climate crisis has been a recurring focus in my works," Riggs says.

"I'm not always able to express my emotional output in words, as many of us experience and so anxieties are expressed in the artworks.'

Her concerns are certainly on show in her latest exhibition Tipping Point, a collection of 30 artworks including acrylic paintings, found object sculptures and femmage (female gaze

There's a painting of a tiny yellow house on the crest of a giant wave, a beady eye peering down at a scorched hill with burnt trees, and a snake bursting out of a man's skull in the desert.

But it doesn't feel like Riggs is ramming climate change propaganda down your throat.

She skilfully blends vivid colours and fast brush strokes to convey pent-up energy and motion, like her paintings are about to burst off the canvas.

Riggs says she developed



· Some of the vivid artworks in Tipping Point. Photos by Aimee Hafford

this technique after becoming homeless during the pandemic, when the government moratorium on rent increases ended.

Thankfully she was doing an Artists Residency at Fremantle Arts Centre at the time, so she hunkered down there and got

"The FAC space became my home to create and experiment with collage – femmage," she says.

"I also began developing a futuristic vision in my paintings, using high flow acrylics, which I could play and manipulate with.

"An important part of collage

work is how it tells stories in a torn and fractured way that no other art form can quite touch. It rips and tears into what we were conditioned into, and you're able to create and express the meaning between the layers.

"A way of sorting thoughts and feelings, combining and connecting them to new ideas and philosophies."

Her collages convey how covid and electronic devices have been the catalyst for a more disparate society, another theme Riggs likes to explore.

There's a strong narrative to

her work and it's no surprise she has a background in theatre and puppetry.

"I'm a storyteller, and whether

in puppetry or theatre or visual art, I love to play with objects and materials to fell the story," Riggs

"I research social history, folklore and traditional culture, to bring the everyday into the extraordinary.

'I always engage with what is behind the scenes as much as whats on show, and that's what I find interesting."

Accompanying the exhibition will be a slideshow of local climate change activism, featuring photos taken by Nancye Miles-Tweedie.

In a nice touch, Tipping Point will be held at the The Wetlands Centre Cockburn, which is run by a community-based organisation involved in conservation and rehabilitation around Bibra Lake.

They recently opened a gallery at the Centre, where they showcase art related to the environment.

"We've embraced a vibrant fusion of nature and culture and made a foray into environmental humanities, notably by showcasing an array of talented artists in our gallery," says the Centre's general manager Ana

Tipping Point is on until Sunday May 5 at the The Wetlands Centre Cockburn, 184 Hope Rd, Bibra Lake. Riggs is holding a collage workshop there today (Saturday May 4) at 1pm with all materials supplied and it's pay-what-you-

For more details see yardworks. wordpress.com and to find out more about the Centre go to thewetlandscentre.org.au.

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By George!



STEPHEN POLLOCK

N recent years, Paddy Troy Mall has improved, but it could be so much better.

The little laneway behind The Federal Hotel in Freo has been upgraded with colourful murals and artworks, but it still doesn't feel like a precinct and it doesn't flow into the piazza at the start of the Manning Arcade (there's an ugly little no-man's land before you get there).

If the Mall was pedestrian-only and had some lights festooned across the street, it would feel more like a cosy destination or an urban village.

This all came to me while eating in Gorgeous George, a Tex-Mex cantina in the piazza.

I was in the alfresco with my two kids and unfortunately it was close to some public benches – an



unofficial spot for people to enjoy a ciggie – and the smoke wafted into our faces.

There were a few unsavouries hanging about and it didn't feel very family-friendly, but that's Freo sometimes.

Even at lunchtime, Gorgeous George was a lively affair – blaring latino music, bright funky murals and groups of blokes downing Coronas.

The menu had a range of tacos, salads, nachos, quesadillas, queso and specials.

It felt like somewhere you would meet for a few margaritas and share plates on a night out.

The tacos had some "humorous" names like Aussie Joe Bugner, Macho Man Randy Savage and King Kong Bundy.

There was a decent range with meat, fish and veg all covered.

The meal got off to a good start with the signature Gorgeous George taco (\$9.95).

It had a nice little mound of slow cooked lamb, which was tender and packed with flavour.

When combined with the haloumi cheese, avocado, diced red onion and sriracha cream, it became a tasty, messy affair. The taco was nice and soft and I really enjoyed this one.

Coming in a close second was the chicken tormenta (\$9.95). There was a nice kick from the peri-peri chook which was balanced by the coolness of the sour cream and cucumber salad.

Some mixed salad gave this taco a nice freshness and it was a tasty number. The tacos were fairly big and filling, so just under \$10 was a decent price for the ones with meat toppings.

The next taco had a great name
- the Aussie Joe Bugner (\$9.95)
he was a heavyweight slugger for our younger readers – but unfortunately it was no knock-out.

The Louisiana beer battered fish fillet was tiny and there was far too much tartare sauce, making it a sloppy mess and almost impossible to pick up

Big Bugner would have given this a swift one-two. A shame, as it had a nice array of fresh veg with red cabbage, southern slaw and pickled radish.

Joe Bugner taco

The vegetarian El Gato (\$9.95) wasn't much better. It was far too smoky and you couldn't really taste the chargrilled field mushroom, refried beans, roasted corn or fresh avocado.

My young kids washed down their tacos with passionfruit Jarritos (\$6.50), a luminouscoloured Mexican soft drink.

To use a soccer cliche, Gorgeous George was a game of two halves - the lamb and chicken scored a hat-trick in the first, before the fish and veg had a shocker and conceded three goals in the second.

Gorgeous George used to be Street Eats, which the *Chook* visited for a food review back in 2021, shortly after the redeveloped

Manning Building opened.

The area has had time to find its feet, but like a lot of places in Freo, it's not quite fulfilled its potential.

Gorgeous George Paddy Troy Mall, Fremantle thegorgeousgeorge.com.au

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WRAP YOUR LIPS AROUND WA'S BEST STEAK SANDWICH

CARRINGTON'S BAR & GRILL UNLEASHES DYNAMITE FLAVOUR IN WA'S BEST STEAK SANDWICH COMPETITION

by MATTHEW EELES

Local-favourite Carrington's Bar & Grill has announced its latest steak sandwich masterpiece, The TNT. But this delectable creation isn't just any steak sandwich; it's Carrington's latest entry into the prestigious Australian Hotel Association's WA's Best Steak Sandwich Competition following its 2023 success as a Top Four finalist.

As the competition heats up, Carrington's is confident that The TNT packs enough dynamite flavour to take home the crown.

After savouring The TNT steak sandwich, I must say it's a true masterpiece of flavours and textures, and unlike any other steak sandwich I've ever had in Perth. The succulent scotch fillet was cooked to perfection, tender and juicy, which paired wonderfully with the crispy bacon. The bourboninfused toffee onion added a unique sweetness that

elevated the dish, and the rocket provided a refreshing contrast. The zesty BBQ aioli gave it a nice kick without overpowering the other flavours.

What really stood out was the creamy roasted capsicum

everything together beautifully. The soft Turkish panini was an excellent choice of bread, holding all the ingredients together without being too heavy. Unlike other steak holds together really well without becoming a mess of ingredients on the plate. It's a genuine pleasure to eat, and I couldn't take each bite quick enough. It's also worth noting that The TNT is not spicy, and that the flavour is truly dynamite.

And let's not forget about the peri peri chips and crispy onion rings on the side - they added a delightful crunch and an extra layer of indulgence to an already towering delight.

Overall, The TNT steak sandwich is a must-try for any food enthusiast looking for a burst of flavours and a satisfying meal.

Locals and eager food enthusiasts are invited to taste the explosion of flavours themselves at Carrington's Bar & Grill and then cast their vote on the AHA WA website (www.ahawa.asn.au). Voting is open from April 30th to May 27th, giving everyone the chance to support their favourite steak sandwich.

"We believe **The TNT** truly embodies what a winning steak sandwich should be - bold, flavorful, and unforgettable," says Carrington's head chef, Jass. "We've put our heart and soul into crafting this masterpiece, and we're excited to share it with our community.'

Whether you're a steak aficionado or simply appreciate good food, Carrington's Bar & Grill invites you to savour The TNT and join them in their quest for steak sandwich supremacy. Don't miss your chance to be part of this culinary excitement - visit Carrington's, wrap your lips around The TNT, and cast your vote today!

Carrington's Bar & Grill 330 Carrington St, Hamilton Hill Phone 9337 3011 carringtonstavern.com.au



blend sauce, which tied sandwiches, The TNT

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40A Raymond Street, MOUNT PLEASANT **RESORT-STYLE LIVING**







This immaculate 4-bedroom, 2-bathroom family home on a generous 637sqm block embodies resort-style living with a Balinese-inspired alfresco and pool area, complete with a heated spa beneath a thatched hut. The spacious interior features a large kitchen with stone benchtops, flowing into a light-filled, open-plan living and dining area with views of the tropical gardens and luxurious pool. The master suite offers direct alfresco access, a walk-in robe, and a large ensuite. The property is further enhanced by a substantial rear workshop with potential for conversion into an additional living space or a granny flat (STCA). Ideally located within catchment zones for top schools and close to Woolworths, Shirley Strickland Reserve and the river, this property offers the ultimate blend of sophisticated and relaxed living.

All Offers Presented



CHADD BOUCHER Director - Property Consultant 0433 043 437

For more information about this beautiful property, scan this QR



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Suite 3, 1 The Esplanade Mount Pleasant WA 6153









1 Kemp Road, MOUNT PLEASANT **ELEVATED ELEGANCE**







This exceptional Webb & Brown-Neaves built home in Mount Pleasant spans two luxurious levels, each thoughtfully designed to maximise comfort, space and elegance. The property features four bedrooms, two bathrooms, plus a powder room. The open-plan ground level includes a gourmet kitchen with granite countertops and stainless steel appliances, leading to light-filled dining and living areas, all with high apex ceilings and jarrah floorboards. Outdoors, a sophisticated alfresco space with a rain-sensing louvred vergola extends to a lap pool and spa. Also on the ground floor, the master suite boasts direct pool access and an expansive ensuite. Upstairs, you'll find the additional large bedrooms and living space which opens onto a balcony with stunning hill views. Located in a serene and convenient Mount Pleasant setting, this home offers a blend of modern luxury and practical, spacious living.

All Offers Presented



CHARLIE CLARKE Director - Property Consultant 0406 626 527

For more information about this beautiful property, scan this QR



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Suite 3, 1 The Esplanade Mount Pleasant WA 6153

Picture perfect

THERE'S character homes and then there's this four bedroom beauty in Attadale.

It's got all the heritage bells and whistles including leadlight windows, polished jarrah floors, ornate cornicing, exposed timber beams and much more.

Built in the 1930s, it has a traditional layout with the dining room, living room and kitchen all seperate, so you won't get annoyed when somebody puts the kettle on during your favourite TV show!

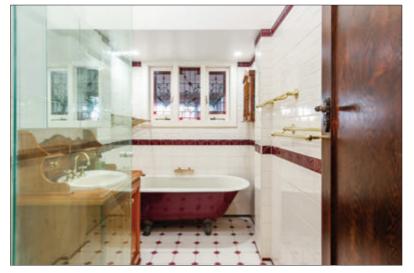
The kitchen is a good size and has a stainless steel freestanding double oven, gas cooktop, dishwasher and pull-out range hood

The home has a great layout with two living areas, a family bathroom and an extra WC and laundry on the ground floor

The two additional bedrooms are located on the first floor. It's a lovely area with the exposed wooden beams adding a touch of yesteryear.

The bathroom is like something out of *Poirot* with a period clawfoot bath sitting below a gorgeous leadlight window with rose motif.

Completing the pretty picture are some brass fittings and Art Deco-style tiles.





The bathroom really is a beauty and come winter you will be enjoying long soaks in the tub. The stylish touches continue

The stylish touches continue outside with a lovely north-facing gazebo in the corner of the back garden.

Add some cafe blinds and it could be a great all-year round spot.

The home includes split reverse-cycle AC, insulated ceilings, instant gas hot water system, shutters, 3.1m high





ceilings and a single car garage. Situated on a 540sqm block

on Moreing Road, you are close to Melville Rec Centre, the local library, Santa Maria High School, the Swan River and the golf course. This is a gorgeous character home in a great suburb.

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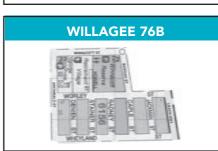
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FREMANTLE 11



May 4 - May 11, 2024



ARIES (Mar 21 - Apr 20)

The Moon will pass through Aries early in the week. Because it is waning, it is likely to remove unwanted things from your life, rather than add new things. This will come to a head before Wednesday, when the new Moon will arrive in Taurus, inviting you to set fresh foundations.



TAURUS (Apr 21 - May 20)

There will be a new Moon in Taurus on Wednesday. Life will unfurl a fresh bud of new enterprise somewhere in your landscape. This is a good week to wake up, take heed - and get organised. With Venus in your midst, there is every chance that what you take on will bring you great delight



GEMINI (May 21 - June 21)

The Moon passes in front of Mercury early in the week, setting your nervous system and your likelihood of over-sharing, on hyperdrive. By Wednesday, the Moon will be in Taurus and brand new, offering you a chance to recuperate, repair and find out who your true friends really are.



CANCER (June 22 - July 22)

The new Moon in Taurus on Wednesday will settle your nervous system down and give you the sense that you have the support you need, close at hand. She begins her week in Pisces, which will give you the trust you need, to get through Monday and Tuesday's fiery Aries Moon unscathed.



LEO (July 23 - Aug 22)

Avoid saying your piece until midweek, if you can. By then the Moon will be on steady ground, in Taurus, and you won't have to wonder if you are going to burn your fingers. With both Sun and Moon in Taurus, it's time to place your trust in your foundations. Be somewhere beautiful



VIRGO (Aug 23 – Sept 22)

Mercury is in Aries. In spite of the Taurus Sun and the new Moon in Taurus on Wednesday, you may still be hot-headed. Mercury and Chiron are working as one, meaning that there is healing to happen, both in the world of communication and in the land of insight. See clearly. Share well



LIBRA (Sept 23 - Oct 23)

With the Sun and the Moon both in Taurus by midweek, it's time to go to your sound system and put on some particularly lovely music. Complement this with a table full of fine food Warm nourishing company won't go astray either. Venus is also in Taurus. Pursue merry fulfilment.



SCORPIO (Oct 24 - Nov 21)

The Sun, Venus and by Wednesday, the Moon, are in Taurus, your opposite sign. Be on high alert not to have your buttons pressed. It might look like life is a little too simple and ordinary, but there is every chance your judgements will make you miss the obvious. The mundane is magical



SAGITTARIUS (Nov 22 - Dec 21)

This is a good time to align ideals with reality, especially in your relationships. The chances are if you don't, life, or they or those you relate intimately with, will. By being challenged, you will have to come closer to truth. Be wary of being so reactive that you miss the point and this chance.



CAPRICORN (Dec 22 - Jan 19)

Having spent a considerable amount of time pondering life, it is now time to let the truth you have discovered do it's thing. Truth really does liberate. By not being able to go backwards, because you simply can't, the process of renewal and regeneration you need to unfold, shall now begin



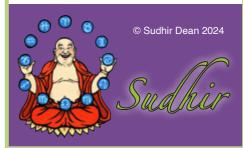
AQUARIUS (Jan 20 - Feb 18)

Mars is well aspected to Pluto in Aquarius. Venus isn't. Pluto is the planet of transformation. It will take courage and adventurousness to go on this journey, rather than a desire for sweetness and comfort. The Taurus Sun and Wednesday's Taurus Moon will inexorably move you forwards



PISCES (Feb 19 - Mar 20)

The Moon begins her week in Pisces, putting you in a pleasant, optimistic state. This will help you skim over the top of troubled waters and eventually land you safely on solid ground, by the time the new Moon in Taurus kicks in on Wednesday Shake yourself off, reassess and visit friends.





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herald mind body spirit

Healing duo

HEN it comes to being at one with nature, there is perhaps no better role model than animals.

Before becoming a worldrenowned yoga teacher, Ana Forrest spent her early years training horses, dogs, cats, birds and the occasional snake.

"Animals taught me how to perceive with all my senses," she says.

"I learned to read all their different energies and gained an intuitive understanding of their needs and was able to communicate my needs to them.

"I took these empathic skills into the yoga/healing arena. Animals and nature are great teachers, they taught me how to love, how to read the sky, how to read landscapes, the weather and even smell messages in the wind."

Anna went on to take her first yoga class aged 14 and then became a certified instructor in 1975.

Since then she's never looked back, going on to master a vast range of holistic treatments including homeopathy, naturopathy, anatomy, reflexology, acupressure, craniosacral treatments, regression therapy, reiki and polarity.

But she's best known as the creatrix of Forrest Yoga, which aims to integrate the calming sensation of yoga into our daily lives

She's also a mystic, visionary and woman of the wilderness, spending many years in the mountains and forests, where she learnt from the animals, trees, rocks, water and the seasons, according to her website.

People clearly like her approach – for the past 45 years she's been practising yoga across the globe, teaching and touring in more than 33 countries.

She developed her yoga system after suffering trauma from abuse and addictions, and says doing a Native American ceremony helped save her life.

"I had to create Forrest Yoga to overcome all my personal wreckage. The yoga systems I had studied could not heal my deepest wounds," she says.

"Participating in Native American Ceremonies taught me how to Vison Quest, through these experiences I brought 'embodying spirit' into Forrest Yoga."

In 2014 Jose Calarco, director of Descendance Aboriginal Dance Theatre, joined Forrest Yoga, bringing some much needed multi-culturalism to the "predominately white middle-class arena" of yoga.

He has 30 years experience as a faith healer and medicine man, collaborating with Indigenous wisdom keepers like medicine woman Kathy Marika of the Yirrikala People of central Northern Australia.

He co-created Descendance Aboriginal with Indigenous elder



• Jose Calarco and Ana Forrest limber up in Launceston, Tasmania during their yoga tour of Australia.

and song woman Imelda Willis of the Yidinji and Kandju tribes.

Willis is Calarco's spiritual mother, and in a rare act adopted him as an equal into her tribes in far northern Australia.

He's a bit of a spiritual allrounder, bringing his expertise in philosophy, veganism (ahimsa), ceremony, music, healing and shamanism to the party.

So what does Calarco think of our brains being constantly stimulated by the omnipresent mobile phone? "The energy body

(electromagnetic field) is the

defence," Calarco says.

"If this field is damaged or opened, it becomes a doorway to

human body's first line of

disease and volatile energies.

"Many things can affect our auric field, like EMF radiation from all the electronic gadgets that control our life, unprocessed emotions, physical illness, the

moods of others, bad diets and

pollution.

"With all the modern
distractions, yoga today is more
important than it's ever been,
although it needs to be augmented
with a healthy diet and general

lifestyle medicine.

"Éach day we should be compelled to move the body (yoga) still the mind (meditation) express the emotions (communication) and nurture the spirit (begin a program of insight) through activities like music, singing, acting, dancing and

Forrest and Calarco are doing yoga workshops on May 11 and 12 at Beacon Yoga Centre, 151 South St, Beaconsfield as part of their Australian tour. For tix and more details see beaconyogacentre.com.

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Case Study

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¹ Based on 45°C temperature rise.

WARRANTY

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1 year parts & labour warranty on all other components, for domestic (noncommercial) installations*

*Warranty conditions apply.

This week here in Young Plumbing's office, the technician plumbers/gas fitters have been having a lively debate over their lunchtime sandwiches... 'when do you make the call to replace, versus trying to resurrect the dead'... a timeless question for all tradesmen of all trades... everyone had something to offer.

My word or wisdom to the masses was... a simple base formula for when to replace is... 'the unit is more than half the way through its 'expected' lifespan and the cost of the repair or service is greater than than half of the cost of a new unit' (unit only).

ie. A Bosch 10H \$1000 (unit only) at 6 years old (12 year designed life span) cost \$350 for a major/ diaphragm service is worth the maintenance... at 9 years I would suggest that it may not be specifically I'll talk about hot water units... but these principle might as easily be applied to cars or washing machines or any mechanical appliance.

Factors to consider:

- a. What is the average (normal) lifespan of the unit normal = no malfunctions in lifetime and average consistent use (a hwu in household of 16 is working 4 times harder than in a 4 person household... therefore its life will be much less).
- b. What is the base cost of the equivalent replacement ie. are the newbies good value or on special atm??
- c. What is the 'cost' of the repair or service... the labour cost of the service can be as much as the labour to install a new unit



- d. What is history of the machine... the more intervention a machine has had... the shorter the overall lifespan. *ie.* attendance to fault ie damage sustained during the fault, human error... unseen condition.
- Has technology change... we are seeing a lot of efficiency innovations atm... does this factor in the equation of value for money.
- f. Has the unit had a major problem previously... especially early on... a lemon is always going to be a lemon.

I have often been asked to repair a unit, that I have advised the owner to replace... and my track record is pretty good.

A memorable one being a client who insisted on me only changing the element on an electric and not the thermostat also... back a week later to change the other with another labour charge, he was unhappy about the double labour charge... the moral of the story... get a second opinion/phone a friend;)

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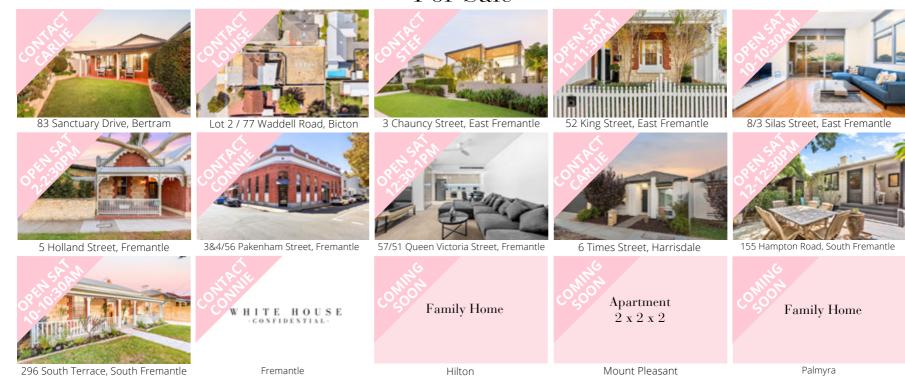
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